



# Lifeguard Certification Winter/Spring 2016

## Full Certification Dates: (mark one)

- |   |  |
|---|--|
| <input type="checkbox"/> January 22nd-24th Certification Course<br>January 17th—Pretest | <input type="checkbox"/> February 19th-21st Certification Course<br>February 14th—Pretest        |
| <input type="checkbox"/> March 4th-6th Certification Course<br>February 28th—Pretest    | <input type="checkbox"/> March 11th-13th Certification Course<br>March 7th—Pretest               |
| <input type="checkbox"/> April 8th-11th Certification Course<br>April 3rd—Pretest       | <input type="checkbox"/> April 15th-17th Certification Course<br>April 10th—Pretest              |
| <input type="checkbox"/> April 22nd-24th Certification Course<br>April 18th—Pretest     | <input type="checkbox"/> May 13th-15th Certification Course<br>May 8th—Pretest                   |
| <input type="checkbox"/> May 20th-22th Certification Course<br>May 16th—Pretest         | <input type="checkbox"/> May 23rd-25th Certification Course<br>May 19th—Pretest (weekday course) |

## Re-certification Dates:(mark one)

- |  |                                     |
|--|-------------------------------------|
| <input type="checkbox"/> February 27th | <input type="checkbox"/> March 19th |
| <input type="checkbox"/> April 30th    | <input type="checkbox"/> May 8th    |

### IMPORTANT INFORMATION:

- Participants will be notified via email of their pretest & course times  
 >>Weekend course times: Friday 6-9pm, Saturday & Sunday 8am-6pm  
 >>Weekday course time: Monday-Wednesday 1-8:30pm  
 >>Recertification course time: 12-6pm

**Registration Fees:**

**Lifeguarding: \$150.00**

**Re-Certification: \$60**

**Pre-requisites to become a Lifeguard: Be at least 15 years old. Tread Water for 2-Minutes without hands—Swim 300-yds—100 seconds to swim 20 yards, surface dive to bottom of 10 feet, retrieve a 10lb object, return 20 yards on back and exit the pool. These skills will be demonstrated in PreTest.**

### **Participant Information**

**Name of Participant:** \_\_\_\_\_ **Birthdate:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **Zip:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Phone Number (best contact #)** \_\_\_\_\_

### **Sign and Date**

**Liability Waiver:** I hereby waive and release any and all rights and claims this enrollee may have against the Hastings YMCA or its representatives, coaches, officials, volunteers and sponsors for any and all injuries the participant may suffer in connection with participation in the event. I permit my child to participate in all activities and understand that videotaping and photographs may be taken and the YMCA may use images for any and all purposes.

**Participant Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

OFFICE USE ONLY:

Lifeguard Winter/Spring 2016

Participant has selected:

Full LG: Jan 22-24 Feb 19-22 Mar 4-6 Mar 11-13 Apr 8-10 Apr 15-17 Apr 22-24 May 13-15 May 20-22 May 23-25

ReCert Feb 27 Mar 19 Apr 30 May 8

Payment: \_\_\_\_\_ By: \_\_\_\_\_ Date \_\_\_\_\_