



## Youth Basketball Game Rules

1. The Kindergarten / 1<sup>st</sup>/2<sup>nd</sup>-grade basketball league will consist of a combination of practices and games that is done on Saturday mornings at the Parks & Rec Community Center/Hastings Middle School. There will be 1-hour practices on half court to start out the season and then a 5-week season will begin. On game days, the two teams will split the court, use the 1st half hour as practice, and use the remaining 30 minutes to play against each other.

2. There will be mandatory timeouts for substitution at the **3-minute** quarter mark. The refs will stop the game **briefly** for the substitutions. **Teams can substitute during a dead ball, quarters and injuries.** Coaches will get **1** timeout per half to use whenever needed.

3. The clock will continuously run and will be kept by the officials, there will be no score kept for these two leagues.

	<u>Basket Height</u>	<u>Ball Size</u>	<u>Time per Quarter (4)</u>	<u>Half time</u>
Kindergarten	8ft.	27.5"	6 min	3 min
1st-2nd	8ft.	27.5"	6 min	3 min

4. Basketballs will be provided at practices and games. Visitors have ball at mid court to start game.

5. There will be no free throws **on foul calls**. No lane **or backcourt** violations. The officials will call excessive traveling.

6. **Half court man-to-man defense. Players match up against opponents with the same colored wrist band. After a rebound, the defense must get back behind their own 3-point line until the ball crosses half court. Then they can follow their opponent anywhere. Kindergarten: NO stealing the ball from the dribble or players hands outside the 3-point line. They can take a loose ball or block a shot.**

7. After the defense has rebounded, the other team must go down the court (See #6).

8. Coaches may be on the sidelines and/or base lines during the games but please stay off the playing court.

9. Each player must play in at least 2 quarters of each game. Substitutions are up to the coaches.

10. Weather cancellations will be decided on game days and updated on the weather hotline 402-462-7109. The information will be communicated to the coaches in the event of a cancellation.

**11. Any children signing up after the coaches have received their rosters will be placed on the team with the least amount of players at that time. Requests will not be granted.**

12. Coaches will be notified when t-shirts are done. Coaches may pick up t-shirts at Parks & Rec office.

13. Coaches, players, and spectators may enter the front doors of the Community Center/Hastings Middle School. No outside food or drink is allowed in the gym. Water jugs for the players may be brought in.

Please contact Seth Webster at 402-461-2324 or [tbartels@cityofhastings.org](mailto:tbartels@cityofhastings.org) with any questions you may have throughout the season.